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ausMHLP

Australian Mental Health Leadership Program Centre for International Mental Health

The Australian Mental Health Leadership Program (ausMHLP) is designed for mental health professionals working in the Australian mental health system, who are committed to making a contribution to mental health in Australia at an organisational, system or policy level. The course is available to graduates in medicine, allied health professions, nursing, science or social science, who have relevant professional work experience and a commitment to mental health systems development. Managers, clinical leaders and academics at all levels are encouraged to apply. Since its inception in 2005, the ausMHLP has been offered annually.

Are you interested in playing an active role in improving mental health system performance?



Dr Vinay Lakra Deputy Director of Clinical Services & Consultant Psychiatrist, Mid West Area Mental Health, Victoria *ausMHLP 2008 participant*

“The ausMHLP was of great benefit in improving my understanding of various issues about mental health systems and developing leadership skills and I hope to build further on this in my ongoing journey in the mental health systems. Eventually the overall aim of this is to provide better care to our patients and such efforts are needed to achieve this goal.”



Malina Stankovska, Education and Service Development Consultant & Manager Victorian Transcultural Psychiatry Unit, St. Vincent’s Health, Melbourne *ausMHLP 2008 participant*

“The ausMHLP provided a great opportunity to understand management, leadership and the operation of the mental health service system within the broader framework of politics and economics, nationally and internationally. The course required that participants engage in a project that mobilised change in order to practically apply the principles taught. This provided an opportunity for a reflective leadership experience. The program enables informed thinking about mental health systems in an ongoing way and this contributes significantly to senior mental health management. It also encourages course participants to continue to proactively use the skills that they are taught to improve the service system for consumers and carers.”

Objectives

The objectives of ausMHLP are to enable participants to become actively and effectively engaged in mental health system reform. Interactive teaching will be provided with emphasis on the following key subject areas:

- Mental health leadership and management
- Mental health policy
- Mental health system reform
- Team building and change management

By the completion of the ausMHLP participants will be well equipped to make a contribution to the development of mental health systems in Australia that protect and enhance the human rights of people with mental illness and that are effective, appropriate, accessible and affordable. ausMHLP is the start of an ongoing process of professional development and advancement, which combines what has been learnt in the classroom with the extensive and valuable network of contacts that are formed.



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ausMHLP 2009 Schedule

Program Structure

Offered as a part-time professional development program, ausMHLP is delivered in four intensive 3-day seminars and a one-day completion seminar spread over a period of six months, in three cities: Melbourne, Sunshine Coast and Sydney.

Dates 2009	Location	Host Organisation	Subject
20 July - 22 July	Melbourne*	Centre for International Mental Health, University of Melbourne	Mental health leadership and management
21 Sep - 23 Sep	Queensland	University of The Sunshine Coast	Mental health policy
19 Oct - 21 Oct	Sydney	Brain & Mind Research Institute, University of Sydney	Mental health system reform
16 Nov - 18 Nov	Melbourne	Centre for International Mental Health, University of Melbourne	Team building and change management
7 Dec	Melbourne	Centre for International Mental Health, University of Melbourne	Conference and Project Presentations

*We will advise details of the venue closer to the seminar dates.

We at CIMH focus on critical leadership and management themes in a well-structured, pro-active and collaborative study environment, using cases and teaching materials focusing on global issues. Upon completion all participants will be awarded the ausMHLP Professional Development Completion Certificate from Centre for International Mental Health.

Fees

The full cost of the 2009 Program is *\$9,900 (incl GST)*. This covers all tuition, project supervision, program materials, and participation in the end of program conference.

The fee does not include travel, accommodation and other related expenses. Program participants will be responsible for making their own travel and accommodation arrangements.

Accommodation

Block bookings at hotels are organized by CIMH, payments made by individual participants.

Catering

Morning tea, lunch and afternoon tea provided during the program.

Course Enquiries and Application Process

We are *now* inviting applications for ausMHLP 2009. Details of the Application Process and the Application form can be downloaded from CIMH website

http://www.cimh.unimelb.edu.au/pdp/ausmhlp/2008_program_application_and_fees.

Applications must be received no later than 15 May 2009. Notification of outcome of application will be no later than 5 June 2009.

Please send your queries to ausMHLP Course Coordinator Ms Vandana Arora email: arora@unimelb.edu.au,
Tel: (03) 8344 0654



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Leadership in Mental Health

ausMHLP Faculty

ausMHLP Collaborating Institutions

Centre for International Mental Health, School of Population Health, The University of Melbourne www.cimh.unimelb.edu.au
Barwon Health, Geelong www.barwonhealth.org.au
Brain and Mind Research Institute, University of Sydney www.bmri.org.au
Queensland Centre for Mental Health Research, University of Queensland
www.qcmhr.uq.edu.au
University of the Sunshine Coast, www.usc.edu.au



A/Prof Harry Minas

Associate Professor Harry Minas is Director of Centre for International Mental Health, Melbourne School of Population Health, University of Melbourne, and Director of the Victorian Transcultural Psychiatry Unit. He has led the development of research, teaching and service development activities in the area of Transcultural Mental Health and International Mental Health Systems Development. He has been a consultant to the Commonwealth Department of Human Services, the International Organization for Migration, and the World Health Organization, and leads a WHO collaborating Centre for Mental Health and Substance abuse. Professor Minas was the initiator and main driver in the development of the International Mental Health Leadership program and the Australian Mental Health Leadership Program. He is Editor-in Chief of International Journal of Mental Health Systems.



Professor Harvey Whiteford

Dr Whiteford is the Kratzmann Professor of Psychiatry and Population Health at the University of Queensland and Principal Mental Health Adviser to the Commonwealth Department of Health and Ageing. His expertise and research interests are in mental health policy, financing and service delivery.

He has held senior clinical and administrative positions, including those of Director of Mental Health in the Queensland and Federal governments in Australia. He was the first mental health specialist at the World Bank in Washington DC from where he worked on the design and funding of regional and country level mental health policy and programs in Europe, Asia, Africa and South America.



Professor Ian Hickie

In October 2006, the Australian Financial Review included Professor Hickie in its list of the top 10 cultural influences. The specific comments noted his role as a “long-term campaigner”, “the person who orchestrated the campaign” that led to the COAG announcements (\$4 billion dollars over five years) and congratulated him on “(his) depth of involvement and (his) huge contribution”.

From 2008-13, Professor Hickie is one of the first round of new NHMRC 2008 Australian Fellows; recognising excellence in Australian Medical Research. His research, clinical and health services development work focuses on expansion of

population-based mental health research and development of international mental health strategies.



Professor John Mendoza

John has recently established his own consultancy after a career that has seen him hold several executive positions including Chief Executive Officer of the Mental Health Council of Australia and Chief Executive of the Australian Sports Drug Agency. He is also Adjunct Professor in the Faculty of Health, Education and Science at the University of the Sunshine Coast; Adjunct Associate Professor in the Faculty of Medicine, at the University of Sydney; and (inaugural) Chairperson, National Advisory Council on Mental Health to the Federal Minister of Health and Ageing, the Hon. Nicola Roxon.

As CEO of the MHCA, John played a lead role in the development and execution of the political strategy to engage all Australian governments (Federal, states and territories) to commit to the reform of mental health services through the Council of Australian Governments (CoAG) and the \$4billion National Action Plan announced in July 2006.



Dr Tom Callaly

Tom is Executive Director and Clinical Director of Mental Health, Drug and Alcohol Services in Barwon Health, Geelong. He has worked for many years as an adult psychiatrist, a child and adolescent psychiatrist, a Clinical Director, a secondary school teacher and a taxi driver.

He is chair of the RANZCP Special Interest Group in Leadership and Management, chair of the Commonwealth Adult Expert Group in Outcome Measures and chair of the Victorian Ministerial Advisory Committee on Prevention and Early Intervention. He is particularly interested in innovation and change management in action.

A number of other key leaders in mental health system reform from Victoria, NSW and Queensland will contribute to the teaching and discussions during the program.